

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: ABNORMAL PSYCHOLOGY

CODE NO. : PSY 208-3 SEMESTER: WINTER

PROGRAM: CORRECTIONAL WORKER/LAW AND SECURITY
ADMINISTRATION

PROFESSOR: TERRY FINN

DATE: JANUARY 1994 PREVIOUS OUTLINE DATED: JANUARY 1993

APPROVED: / c . ^ - ^ - - fq f Lf Qj (l
NADEAN KOCH, DEAN, SCHOOL OF DATE
ARTS AND GENERAL EDUCATION

COURSE DESCRIPTION:

This course is designed to assist students in gaining an understanding of the causes, symptoms, and treatment of various behavioural and mental disorders. Discussion will include societal and community reactions to persons with abnormal behaviour.

COURSE OBJECTIVES:

Upon completion of the course the student will:

1. have a greater understanding of abnormal psychology.
2. list and explain, at a basic level, the distinguishing characteristics of various mental and behavioural disorders.
3. gain a basic understanding of various therapeutic approaches in dealing with mental and behavioural disorders.
4. review society's reaction to abnormal behaviour and emotional disorders.
5. students should also refer to the course text's accompanying "study guide" for more specific learning objectives, related to each topic area covered in this course.

TEXTBOOKS:

1. Abnormal Psychology. Rathus and Nevid. Prentice Hall, 1991.
2. "Study Guide" accompanying textbook

Additional audio-visual materials and readings will be assigned during this course. Students will be responsible for understanding audio-visual, lecture and class discussion material.

SYLLABUS:

Topics - Section I (assigned readings)

- introduction to course and overview of course outline

CHAPTER 1_ (PAGE 1 TO 19 **ONLY**) - What is abnormal psychology?

- criteria for defining abnormal behaviour
- history and concepts

CHAPTER 3_ (PAGE 79 TO 93 **ONLY**) - An overview of classification and methods of assessing abnormal behaviour

CHAPTER 4^ - Stress related disorders

- sources, responses to and moderators (of the impact) of stress

Topics - Section II (assigned readings)

CHAPTER 6 - Anxiety disorders - historical and theoretical perspectives and various types of anxiety disorders

CHAPTER 1 - (PAGE 225 TO 240) - Dissociative disorders and a brief overview of somatoform disorders

Topics - Section III (assigned readings)

CHAPTER 8 - Mood disorders and suicide
- various types of mood disorders, depression and suicide
- theoretical perspectives and treatment

CHAPTER 9 - Disorders of personality and impulse control
- various types of personality and impulse disorders
- classification problems, theoretical perspectives and treatments

Topics - Section IV (assigned readings)

CHAPTER 11 - Sexual disorders - cultural influences on definitions of abnormality
- homosexuality, gender disorders, pornography
- rape, paraphilias and sexual dysfunctions

CHAPTER 12 - Schizophrenia and delusional (Paranoid) disorders
- prevalence, phrases, features and types of schizophrenia
- theoretical perspectives and treatments

INSTRUCTIONAL METHODOLOGY:

Student learning will be facilitated by lectures, class discussions and activities, as well as audio-visual presentations.

EVALUATION:

The final course grade will be determined as follows, in accordance with the grading policy of Sault College:

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|-------------|---|-----------|------|
| A-t- | = | 90 - 100% | |
| A | | 80 - 89% | |
| B | = | 70 - 79% | |
| C | | 60 - 69% | |
| R | = | Below 60% | |
| Assignments | . | . | .40% |
| Project(s) | . | . | .40% |
| Tests | . | . | .20% |
| Total | | | 100% |

Students will be responsible for regular attendance and class participation in all areas of the course and for all reading assignments and tests as requested. The course curriculum and evaluation system can be modified at the discretion of the instructor.